We would like to ask you a few questions about your health.

1. What is your weight, in pounds? Make your best guess.
$\qquad$ (weight in pounds)
2. What is your height, in feet and inches? Make your best guess.
$\qquad$ ft. and $\qquad$ in.

Below is a drawing of a ruler with a scale from 0 to 100 . For the next set of questions, please use this scale as an indicator of how confident you are in your answer.

$\begin{array}{cccc}\text { Absolutely } & \text { Not Likely } & \text { Unsure } & \text { Absely } \\ \text { No Chance } & & & \text { Certain }\end{array}$ Certain
3. Using a number from zero to one hundred, where 0 equals absolutely no chance and 100 equals absolutely certain, what do you think the chances are that you have high cholesterol today?
$\qquad$ (0 to 100)
4. What do you think the chances are that you have high blood pressure today?
$\qquad$ (0 to 100)
5. What do you think the chances are that you have impaired fasting glucose today?
$\qquad$ (0 to 100)
6. A body mass index that exceeds 30 indicates that a person may be obese. What do you think the chances are that your body mass index exceeds 30 ?
$\qquad$ (0 to 100)

